

Christ Offers Ressurection Over Nights of Afflictions

## CORONA

## Christ Offers Resurrection Over Nights of Afflictions


























[^0]
## ＂I have called you Friends＂



1．毋พาณัวกาఱธ
2．Superior General＇s Message
3．Superior General＇s Programme
4．Intimation
5．Candidates approved for Perpetual Profession and Holy Orders
6．Interview with Golden Jubilarians
7．Generalate News
8．Aluva Tidings
9．News from Mission in Africa
10．St．Thomas Province
11．St．Joseph＇s Province
12．Khrist Jyothi Province
13．Little Flower Province
14．Amazon Synod and the Post Synodal Apostolic Exhortation



17．றாி கேலவிய̆
18．காஜ்வழி円ひス
19．ஆழுலைரூதூூேே0ைை
20．Days to Remember
21．கேபவிய゙－ 19 （வாைைேை


News Bulletin

Little Flower Congregation

Vol．L2 No． 1 April－May 2020

Patron ：Superior General Editorial Board ：

Fr．Francis Kilivallickal CST
Fr．Baiju Kannampilly CST
Fr．James Purathail CST
Fr．Jojo Varakukalayil CST
Fr．Joseph Munduparambil CST
Phone： 9495137199
Web ：www．cstfathersindia．com
E－mail：
lfcongregation＠gmail．com olivecstfathers＠gmail．com

Published from：
Little Flower Generalate
Thrikkakara P．O．
Kochi－ 682021.

Printed at：
Little Flower Printing Press
Thrikkakara P．O．
Phone ：0484－2988453
email：Ifthrikkakara＠gmail．com
（For private circulation only）

## 








































































## SUPERIOR GENERAL'S MESSAGE

Cardinal Luis Antonio Tagle, President of Caritas Internationalis and Prefect of the Congregation for the Evangelization of Peoples, during the Sunday Holy Mass on March 29, preaching about the story of Jesus raising Lazarus from the dead, looked at a variety of ways people can be in "tombs" and in need of light, fresh air and new life. Looking specifically at the Covid 19 Pandemic, Cardinal Tagle, pointed out how people are losing their jobs, especially the daily wage earners; and the lack of resources and consequent poverty could be one "tomb" right now for many poor people. "Could those who could afford it go to those tombs and release the poor people who owe them money, release them from their debt?" he asked.

In his homily, Cardinal Tagle also looked at where nations spend their money, noting that "we don't have enough masks when there are more than enough bullets" and "we don't have enough supplies or ventilators," but countries spend millions on just one warplane. It is shameful that some countries have large reserves of weapons but lack medicines, masks, protective equipment and basic food. The Tomb can be the symbol of spiritual decay, behaviour disorders, discrimination, prejudice, domination, violence and misplaced spending priorities and many more - all negative, lifeless, foul-smelling, crisis situations. Coming out of the Tomb is the Resurrection - the experience of a new life of values, creativity and credibility.
During this Easter Season there are two other images we can reflect on - Huge Stones (Mark-16:3-4) that entombed the buried Jesus and Locked Doors (John 20:19-23) - the account of the disciples, after the death of Jesus, locking themselves into an upper room in fear and then experiencing Jesus coming through the locked doors to bestow peace on them. These images remind us of what often separate us from the grace of the resurrection. Sometimes for that grace to find us, someone must "roll away the stone" that entombs us and sometimes the resurrection must come to us "through locked doors". For the
power of the resurrection to enter us, something from beyond us has to remove the huge, immovable rock of our resistance and decay. This is not to deny that we, ourselves, have goodwill and personal strength. Like the women at that first Easter, we need to be anxious: "Who will roll back the stone?"

The Gospels tell us that the Disciples were huddled in fear and paranoia behind locked doors, wanting only to protect themselves, when Christ came through their locked doors, the doors of their fear and self-protection and breathed peace into them. Their huddling in fear wasn't because of ill-will or bad faith. In their hearts they sincerely wished that they weren't afraid, but that good will still didn't unlock their doors. Christ entered and breathed peace into them in spite of their resistance, their fear and their locked doors.

As a Religious Community and as individuals we are still mostly huddling in fear, anxious about ourselves, distrustful, not at peace and our doors locked. We want the resurrected Christ comes through the locked doors of human resistance and breathes out peace. Moreover, this year, the Covid 19 has our cities and communities locked down and we are inside our houses, dealing with the various combinations of frustration, impatience, fear, panic and boredom that assail us. Right now we need a little extra something- a divine, super power - to experience the resurrection, a stone to be rolled away so that resurrected life can come through our locked doors with Peace.
These images reveal about God's grace: When we cannot help ourselves we can still be helped and when we are powerless to reach out, grace can still come through the walls of our resistance and breathe peace into us. We need to cling to this whenever we experience irretrievable brokenness in our lives, when we feel helpless inside our wounds, when fears overcome us and when we feel spiritually inept. We are not expected to be in the tombs locked with huge stones or be inside of the locked doors. We shall be children of light and new life. The resurrected Christ can come through locked doors and roll back
any stone that entombs us, no matter how hopeless the task is for us.

This quarter of the year - April, May and June - are very important for us for our spiritual renewal, reminding us of our Religious Consecration, intense preparations and refreshing ourselves to start anew with new academic life and activities. Perhaps, Covid 19 has spoilt all our plans and made us more humble to submit ourselves to the caring hands of God. The impact of Covid 19 shall be very drastic. But, learning from all these experiences, we shall make our best efforts to regain the lost vigour and resurrect to resilience and new life. Let us be firm in our resolution - we shall overcome.

Wish you all the Blessings of the Easter and best compliments of the season.

Fr. Francis Kilivallickal CST
Superior General

## PROGRAMMES OF THE SUPERIOR GENERAL

June to September 2020

## DATES

02-23 June

29 July to
28 August
29 August to
24 September

PROGRAMMES

Visitation in CST Mission in Africa - Tanzania and Kenya

Visitation in the Ashrams and Institutions
of Khrist Jyoti Province
Visitation in the Ashrams and Institutions
of Little Flower Province
\#All the programmes planned may be cancelled or reorganized depending on the Covid 19 Lockdown and feasibility.

## INTIMATION

## A. CANCELLATION OF COMMON PROGRAMES:

The following Common Programmes scheduled to be held in April- May 2020 have been cancelled due to Covid 19 and Lockdown:

- One Month Preparation Course for Perpetual Profession (31 March 2020 to 30 April 2020). (This Course shall be conducted for the two batches together on 31 March to 30 April 2021.)
- One Week Intensive Preparation Course for Perpetual Profession (30 April to 05 May, 2020). (This Course shall be conducted for the two batches together on 30 April 2021 to 05 May 2021.)
- Common Retreats arranged at Little Flower Seminary, Aluva and Little Flower Generalate on 05 May 2020 evening to 11 May 2020. (One Retreat shall be conducted at Little Flower Seminary, Aluva on 05 May to 11 May 2021 for the Seminarians who study Philosophy and another Retreat shall be arranged at Little Flower Generalate, Thrikkakara on 05 May to 11 May 2021 for the Seminarians who study Theology and who prepare for Perpetual Profession)
- Major Seminarians Meet and programmes associated with it are cancelled for the year 2020.
- Seminarians shall renew their Vows / make Perpetual Profession at the places wherever they are at present on or before 17 May 2020. The Provincial Superiors shall arrange for the Holy Mass and Profession.
- Seminarians approved for receiving Holy Orders shall wait for the announcement of new dates. There will not be conferring of Holy Orders on 13 May 2020 at Little Flower Seminary, Aluva.
- Governing Body Meeting of Little Flower Seminary, Formation Council Meeting and Inter Province meeting
are postponed to a future date. New dates shall be announced later.
- Common Retreat of the Novices at Little Flower Novitiate House, Mookkannur on 10 May to 16 May 2020 has been cancelled. Only the Novices at Mookkannur shall have their Retreat on the scheduled dates.
- First Profession of the Novices shall be arranged at the Novitiate Houses on 17 May 2020 without solemnity and more than 20 people.
- The Inauguration of the New Academic Year 2020-21, the Admission of the new Candidates in the First Year Minor Seminaries and the Entry of Candidates to the Novitiate, Academic Calendar, Holidays, Examinations, Promotions etc shall be decided and implemented by the concerned Rectors of the Seminaries / Novice Masters of the Novitiate Houses in consultation and approval of the respective Provincial Superiors.


## B. DISPENSATIONS:

- Bro. Jinto Varakukalaparambil of St. Joseph's Province has received the Rescript dated 25 June 2019 from the Major Archbishop, Syro-Malabar Church, Mount St. Thomas, Kakkanad, for dispensation from Religious Vows and permission to leave Little Flower Congregation.
- Bro. Akhil Akkapadickal of Little Flower Province has received the Rescript dated 28 December 2019 from the Major Archbishop, Syro-Malabar Church, Mount St. Thomas, Kakkanad, for dispensation from Religious Vows and permission to leave Little Flower Congregation.
- Bro. Anoop Thekkemuriyil of Little Flower Province has received the Rescript dated 28 December 2019 from the Major Archbishop, Syro-Malabar Church, Mount St. Thomas, Kakkanad, for dispensation from Religious

Vows and permission to leave Little Flower Congregation.

- Fr. Roget Vettukallel of St Thomas Province has received the Rescript dated 31 January 2020 from the Prefect, Congregation for the Oriental Churches, Rome for dispensation from Religious Vows and permission to leave Little Flower Congregation.
- Bro. Rijo Areeckal of Little Flower Province has received the Rescript dated 20 February 2020 from the Major Archbishop, Syro-Malabar Church, Mount St. Thomas, Kakkanad, for dispensation from Religious Vows and permission to leave Little Flower Congregation.


## C. ANNNUAL RETREATS FOR CST FATHERS

- At Darsana Retreat Centre, Illithode - mainly for the Fathers of SJ Province 13 to 18 September 2020.
- At Provincial House, Hanumangarh - mainly for the Fathers of KJ Province on 11 to 16 October 2020.
- At Gorakhpur - manly for the Fathers of LF Province on 25 to 30 October 2020 at Retreat Centre, Campierganj.
- At Little Flower Generalate on 01 Nov. 2020 evening to 06 Nov. 2020
- At Potta Vincentian Retreat House - mainly for the Fathers of St. Thomas Province on 15 Nov. 2020 evening to 20 Nov. 2020.


## "WHEN WE ARE NO LONGER ABLE TO CHANGE A SITUATION, WE ARE CHALLENGED TO CH\&NGE OURSELVES." - VIKTOR FRANKLIN

## LIST OF CANDIDATES APPROVED FOR PERPETUAL PROFESSION AND HOLY ORDERS

A. CANDIDATES FORPERPETUAL PROFESSION-May 2020

| 1. Kurisumkal Jose (SJ) | 1. Kallikkatt Praveen (LF) |
| :--- | :--- |
| 2. Mulangattil Nevin (SJ) | 2. Konukunnel Jickson (LF) |
| 3. Mundaniorathel Tony (SJ) | 3. Njarakkatt Jerrin (LF) |
| 4. Panamoottil Sijo (SJ) | 4. Panamthottam Abin (LF) |
| 5. Pavamkottu Bipin (SJ) | 5. Perumana Ashish (LF) |
|  | 6. Thekkinedath Joyal (LF) |
|  | 7. Vallanatt Jibin (LF) |
| 8. Varakukalayil Albin (LF) |  |
| 1. Palathinkal Mathew (ST) | 1. Kalapurackal Rince (KJ) |
| 2. Panachipuram Joyal (ST) | 2. Padinjaremattam Juslin (KJ) |
| 3. Panthackal Shebin (ST) | 3. Valeputhenpurayil Nikhil (KJ) |
| 4. Chennattu Robin (ST) |  |
| 5. Vellamattathil Jomet (ST) |  |

B. CANDIDATES FOR MINOR ORDERS- KAROYA - 2020

| 1. Kurisumkal Jose (SJ) <br> 2. Mulangattil Nevin (SJ) <br> 3. Mundaniorathel Tony (SJ) <br> 4. Panamoottil Sijo (SJ) <br> 5. Pavamkottu Bipin (SJ) | 1. Kallikkatt Praveen (LF) <br> 2. Konukunnel Jickson (LF) <br> 3. Njarakkatt Jerrin (LF) <br> 4. Panamthottam Abin (LF) <br> 5. Perumana Ashish (LF) <br> 6. Thekkinedath Joyal (LF) <br> 7. Vallanatt Jibin (LF) <br> 8. Varakukalayil Albin (LF) |
| :---: | :---: |
| 1. Palathinkal Mathew (ST) <br> 2. Vellamattathil Jomet (ST) | 1. Kollamparambil Tinto (KJ) <br> 2. Kalapurackal Rince (KJ) <br> 3. Padinjaremattam Juslin(KJ) <br> 4. Narangathottathil Sajan (KJ) <br> 5. Valeputhenpurayil Nikhil (KJ) <br> 6. Vayalil Sam (KJ) |
| C. CANDIDATES FOR MINOR ORDERS- HEUPADIAKNOUSA (Sub-Diaconate) |  |
| D. CANDIDATES FOR MAJOR ORDERS - M'SAMSANA (Diaconate) - 2020 |  |
| 1. Thundiyil Jacob (SJ) | 2. Vayalil Davis (SJ) |
| 3. Thuravackal Arun (ST) | 4. Vellappattu Jithin (ST) |
| 5. Narippara Ajay (KJ) |  |

## อยกั

## INTERVIEW WITH GOLDEN JUBILARIANS




















円า றை












 ロ๐கே๓ள்ா" "strict to oneself, generous to others, liberal to

 the Saviour shall live the same mysteries, he is celebrating at the altar: "Imitamini, quod tractentur", live, what you are handling at the altar. He should strive to identify himself to the life and to the spirit of divine Saviour. The Holy Eucharist must be celebrated with unction and devotion, with prior preparation through the official prayers of the Church - the Ramsha, Leliya and Supra.








































 ஜிவிகளை๐.
 and appointed you that you should go and bear fruit and that your fruit


























































 ロコகூろ．
 Jesus＂．Religious and priestly life is a Call to be little at the feet of Jesus and close to his Heart．A priest shall be ever humble and thankful and give honour and glory to Jesus only．He shall be available and helpful for all and deal with everyone respect－ fully．







 வ包


 セ๐ைை ஜாา







## อยกั






















 allcreations, that love was everything.... my vocation, at last I have

































 fore others. A priest shall never be sleepy or indifferent, rather active and alert, vigilant and circumspect. He should have an open eyes to the problems and needs of others. The habit of wide reading and be aware of the current and past events. He shall have an inkling to learn new and enrich his knowledge.
Few practical suggestions, observations:

1. C.S.T. Priest shall not be an addict to mobile phones.
2. He shall be noble in his thoughts and words and blameless in his dealings with others.
3. His life should be transparent; especially in money matters, but rich in the spirit of poverty.
4. The Procurator shall consult with the Superior in all income and expenditure and the accounts must be correct and up to

## ลย่บ

date.
5. The Provincial superior shall snap off the tendency to petty, alcoholic meetings among the members.
6. C.S.T. Priest must be earnest to keep kitchen, dining, rooms, toilet and the surroundings neat and tidy. "Cleanliness is next to Godliness". It is unfortunate to observe, that the guest rooms and the toilets are generally left unattended. An extra mirror in the rooms will help to keep the toilet tidy.
7. The members must have a pleasant, humorous and happy face, radiating the inner joy of the call to be little; but boisterous laughter and ambiguous talks are unbecoming.




















 พงภกறிகா வைவைงஸ゙.



























 no fear of being 'Behind the times', because the human 'today' of every priest is included in the today' of Christ the Redeemes. For every priest in every age, the greatest task is each day to discovers his own priestly 'today' in the today of Christ! (St. Pope John Paul II)












 க円๐。























## GENERALATE NEWS

On 06 January 2020 all our nine New Priests from four Provinces celebrated their First Holy Mass in the Generalate Chapel in the evening.
The Annual Retreat for our Fathers was conducted in the Generalate on 19-24, January in which 42 CST Priests participated. Fr. Augustine Mulloor OCD, the Provincial Superior, OCD Fathers, Manjummal was the Preacher.
Fr. Francis Kilivallickal, Fr. Antony Kannampilly and Fr. Joseph Munduparambil participated in the blessing Ceremony of Cherupushpashram, Kurumassery on 30 January at 03.00 pm and Holy Mass.
14 CST Fathers involved in the Project: The History of Little Flower Congregation gathered together for the Review Meeting at Generalate on 30-31 January and 28-29 February 2020. The First Draft has been prepared and editorial works are going on. Due to Covid 19 outbreak common meetings are postponed.
Fr. James Purathail participated in the Silver Jubilee Celebrations of Little Flower School School, Kalwari on 02 February. Fathers Baiju Kannampilly and Fr. Jose Manjiyil participated in the Golden Jubilee Celebrations of Bikaner Boys School on 04 February 2020.
There was the Diamond Jubilee Celebration (Sixtieth Year of the Priestly Ordination) of Mar Dominic Kokkatt CST at Generalate on 02 February. Mar Dominic was the main Celebrant of the Holy Mass at 06.30 am . On behalf of the Community, Fr. Francis Kilivallickal congratulated the Bishop at the beginning of the Holy Mass. Fathers John Vadakkel and Saji Nellikunnel from Little Flower Seminary, Aluva were cocelebrants with the Bishop. Cake and Souvenir were distributed to all after the Holy Mass.

On 08 February, Fr. Francis Kilivallickal celebrated Holy Mass in memory of Very Rev. Fr Basilius Panat, our Founder at St. Thomas Church, Kizhakkumuri. On 11 February Fathers from

## ชอกอ

the Generalate participated in the Celebrations on the 129 ${ }^{\text {th }}$ Birthday of Fr. Basilius and the Seventh Anniversary of Fr. Basilius Panat CST Charitable Foundation at Basil Bhavan, Mookkannur at 04.00 pm. Mar Antony Kariyil, Metropolitan Vicar, was the Chief Guest. There were many dignitaries and people for the function.

Fathers participated in the blessing ceremony of the new Block of Sanjeevani Ashram, Shanthi Nagar, Panamukku, Thrissur on 16 February at 05.00 pm. Archbishop Emeritus Mar Jacob Thoomkuzhy was the Main Celebrant of the Holy Mass and the Blessing Ceremony.
Fr. Francis Kilivallickal, Fr. Antony Kannampilly, and Fr. Joseph Munduparambil participated in the Priest Meeting and the Celebration of Silver Jubilee of the Priestly Ordination of Fr. Joy Madassery at St. Joseph's Provincial House, Aluva on 22 February at 09.30 am to 01.30 pm.
Fr. Baiju Kannampilly made canonical visitation at Little Flower Novitiate House, Abohar and Francis Kilivallickal made canonical visitation at the Ashrams and Institutions of St. Joseph's Province, Aluva and St. Thomas Province, Kozhikode.
We had the Thanksgiving Holy Mass in the Generalate on 23 February at 06.30 am on the occasion of Silver Jubilee of Priestly Ordination of Fr. George Alukka, Fr. Cyriac Kochalumkal, Fr. Abraham Kottanelloor and Fr. Joy Madassery.

On March 05 There was a Monthly Recollection arranged in the Generalate at 06.30 pm in which altogether 12 Fathers from the Generalate, Little Flower Seminary, St. Joseph's Provincial House, Snehalayam, Aluva, and Khristu Jyoti Mission Seminary, Mudickal participated. Fr. Jossy Puthuparambil guided the Monthly Recollection by giving a talk on Lenten Season. On March 06 there was a Spiritual Talk by Bro. James from Messiah Ministry and solemn recitation of the way of the cross in preparation for the Lent.
Fathers participated in the functions of the inauguration of the Diamond Jubilee Celebrations of Little Flower Seminary, Aluva

## ลยกก

on 12 March at 10.30 am which was presided by Mar Mathew Vaniyakizhakkel VC, Bishop Emeritus, Eparchy of Satna.
On 19 March as the the Feast of St. Joseph we felicitated all the Fathers bearing the name of the Saint and Fr. Antony Kannampilly blessed modified and furnished auditorium at Little Flower Press, Thrikkakara.

Bro. Sachin Cheppukalayil, Regent, was given a Send Off on 21 March at Basilius Boys Home, with felicitations and lunch.
The Fathers and Dignitaries visited our Generalate during these days were:
Mar Dominic Kokkatt, Mar Joseph Pamplany, Mar Tony Neelamkavil, Mar James Athikkalam, Mar Thomas Thuruthimattam, Fr. Bibin Mukkadackal, Fr. Binesh Narimattathil, Fr. Febin Puthumana, Fr. Babychan Tholanickal, Fr. Philip Kallamplackal, Fr. Jiby Njaralakkattukunnel, Fr. Joji Nayath, Fr. Thomas Thandappilly, Fr. Jordin Kochumuttam, Fr. Shimmy Vayalil, Fr. George Villamthanam and Fr. George Aranchery.
Due to Covid 19 and consequent Lock down, all the Programmes scheduled to be conducted have been postponed or cancelled since 22 March. We followed - STAY HOME, STAY SAFE.

## COVID 19 - LESSONS

For those who survive this pandemic, which should be $99 \%$ of the humanity, this will not be the end. For them, the post-Covid-19 world will bring lasting changes that would have been considered impossible earlier. The virus and state-imposed lockdowns have wrought changes that are not just temporary. They will change the world as we have known it most of our lives. We need to learn from the lessons already arising from the disease and shutdowns, and adopt changes that will take us to a better world.

## ALUVA TIDINGS

## RECTORS DAY

13 November was a stunning day for our community, as our dear Fr. Rector was celebrating his feast. Morning we had a solemn Holy Mass and Rev. Fr. Provincial Superior from St. Joseph Province was also present. There was a throw-ball competition among the batches and Third year Philosophers won the match. In the evening we had a prayer session at Fr. Emmanuel Arackathottam Auditorium which was followed by a cultural evening. Rev. Fr. Jojo Varakukalayil CST felicitated Fr. Rector and we concluded the Rector's Day by the delicious dinner.

## FAMILY 2K19

27 and 28 November have been most memorable days for Second year Philosophers as well as for the entire Little Flower Family as we had the parents' day of the second year brothers. On 27 the having a cup of tea all of us gathered in the auditorium for an introduction session with the staff members. The staff members introduced themselves and by 6:30 we had the prayer session conducted by Third year brothers. At 8:00pm we gathered in the basketball court for the dinner. And after the dinner we had a cultural evening including the programs of our parents. 28 began with a solemn Holy Mass celebrated by Fr. Rector. Thereafter we had our breakfast and we gathered in the Auditorium for one-hour orientation talk by Rev.Fr. Augustin Pamplany CST. He spoke about the role of parents in the formation of seminarians. We were lucky to get such an experienced speaker and we enjoyed his class together with our parents. Finally, there was an interaction session with our parents and in between we met Fr. Rector and the respective Fr. Animators with our parents. And with lunch Family $2 k 19$ came to an end.

CANONICAL VISITATION OF FR. GENERAL.
The official canonical visit of the year 2019-2020 began on 3 December, 2019, with Holy Mass. We also celebrated the feast of Fr General on the same day. The official canonical visit lasted till 14 December. Fr General met each and everyone in the seminary. Fr General also met all the non-CST brothers on $12^{\text {th }}$ of December. On 14 our canonical visitation came to an end by the blessing of Very Rev. Fr. General.

## MERRY CHRISTMAS

The Christmas celebrations in the Seminary and in the Institute were colored by different programs and the distribution of cakes. In the seminary celebrations were held on 19 December evening. That evening was brightened by tableau competition, gift exchanging, street play, and Fr. Rector's Christmas message and a delicious Christmas meal. In the Institute the program was held on 21 of December morning. The center of attraction of the day was carol singing competition. There was also cake cutting and Rev. Fr. Abraham Valliyamthadathil CST gave the Christmas message. On 24 December at 11:45 pm we had the Christmas Solemn Holy Mass. Thereafter we cut the cake in the portico of the Chapel.

## VACATION BEGAN......

The non-CST brothers departed for vacation to their respective places on 22 December and the CST brothers departed on 25 December after the breakfast. We had a good time with our families and we came back to the Seminary on 5 January.

## A DAY WITH NEW PRIEST

"A Priest is one who lives solely in the realm of the invisible, for whom all that is visible has only the truth of an allegory." It was a matter of great proud and fulfillment for our community to have the presence of our nine CST Banjamin Priests. Their presence was really an inspiration for all of us on account of the fact that they were here few years back, one like us. On 7 January, we came together around the Eucharistic Table and celebrated with one mind and spirit the paschal mysteries of
our Saviour. We specially prayed to the Lord to be forever the sole source of joy in their newly begun life. We congratulated them for firm commitment and obedient submission to the will of God the Father. In the evening we had a friendly basketball match between LFS Team and New Priests, the former grabbing the victory.

## PHILOSOPHER'S DAY

LFS community had its Philosopher's Day Celebration on 09 January. The celebrations started with the Holy Mass followed by the talk on the relevance of the day. As the symbol of nurturing of our hearts in search of wisdom Fr. Jojo Varakukalyil CST, the president of LIPAR inaugurated the day by lifting up multi-colored balloons into the skies. After this we had a talk by Dr. Thomas Panakalam, the HOD of Malayalam department, Bharata Mata Collage, Thrikakara. He spoke on "Religion, Politics, and Nationalism. In the afternoon the students had batch wise basketball match in which the second years came out as winners.

## SUPERIORS' MEET

Superiors' meet was held on $16^{\text {th }}$ January, 2020. The meeting started at 11 am. Fr. Rector and Superiors of the non-CST seminarians were present at the meeting. Fr. Antony Kannampilly CST, the Vicar General of Little Flower Congregation gave the message. Fr. Jojo Varakukalayil CST presented the dynamism of the seminary. After the lunch the Superiors met their brothers residing in our seminary.

## JOINING OF FR. AUGUSTINE PAMPLANY

Fr. Augustine Pamplany was appointed as the Director and Coordinator of the Research Center of Little Flower Institute of Philosophy and Religion. He occupied his office on 29 January, 2020. The entire community was in a mood of joy and Fr. Rector welcomed Fr. Augustine Pamplany to LF Seminary community.

## REPUBLIC DAY AND THE END OF THE CULTURAL ACADEMY

LFS celebrated the republic day with a solemn High Mass.

Thereafter the Rev. Fr. Rector hoisted the flag. One of the First Year brothers delivered a speech based on the importance of Republic Day in the context of the present situation of our mother land.

## TALENT BOX IS CLOSED FOR THIS YEAR.

This year's cultural academy came to an end on 25 January. On 25 morning we had a closing ceremony and programs were done by all the batches. First Years had done a marvelous Punjabi bhangra, Second Years came with a melodious song, and Third Years had done a wonderful skit. After that Rev. Fr Manjush gave a small message to brothers and the prizes for the winners of the annual competitions were distributed. In the evening Pala Communications staged the drama 'JEEVITHAM MUTHAL JEEVITHAM VARE'. Many Fathers, Sisters, Brothers, and our neighbors were here to watch the drama.

## EXAM MANIA

It is written "bend of the road is not an end of the road." Exams are not the end but an opportunity to look backward to assess the fruits of one's wisdom pursuits. We had a tough time of exams in the Seminary from the very commencement of 2020. Second Year Philosophy students were busy with their University Examinations during January and February. Third Year Philosophers had their comprehensive examinations completed on March 07. Meanwhile, First and Second Years did their semester exams, thereby marking the end of the scholastic year.

## FEAST DAY

January 20, being the feast day of St. Sebastian, was a day of blessing and elation for the whole Church as well as for the Little Flower Family as our beloved Fr. Shabin Karakunnel, bearing the name of the saint celebrated his feast day. The celebration began with the Holy Eucharist thanking the Good Lord for the gift of Fr. Shabin and supplicating for his intensions. However, we had to put off the further celebrations on account of the absence of many fathers who were away to Thrikakara
for the Annual Retreat. Soon after their return, we celebrated it with due solemnity on 03 February. We extended him cordial festal greetings with wishing songs and speech. Fr. Rector acknowledged with gratitude the valuable services he is rendering both to the Seminary and to the Church in different capacities. The celebration saw the end as Fr. Shabin expressed his deep sentiments of gratitude to all the fathers and brothers for the filial love towards him.

## FARE YOU WELL

"Love knows not its depth until the hour of separation". Under the pain of the loss of his beloved the poet was able to pen nothing but these words. We the LFS Family was in fact reiterating these words as we bid adieu to our beloved Third Years who had been here in the lap of LFS for the last three years in pursuit of wisdom. As the line "every end has a beginning" rightly implies, their end here marks a greater beginning elsewhere as Regents.
On 08 March, as part of the farewell program the community gathered together in the Chapel when we earnestly prayed for their future to be bright and thanked the Lord for the showers of blessing upon them all throughout these three years. Subsequently First and Second Year brothers staged few cultural programs which were in fact expressive of their love towards them and their pain within in bidding them adieu. Fr. Rector and their batch animators Frs. Manjush Srakath and Francis Chittinapilly spoke wishing them all the blessings in the future to come. Brothers also expressed their deep sentiments of gratitude to LFS for everything they inculcated from her. The serene evening found its rest with the solemn supper we relished together.
All the best dear brothers
FIGHT.......... FIGHT.......... FOUGHT!
This year we had the chance of hosting a friendly basketball match with St. Joseph Pontifical Seminary, Mangalapuzha. It was really a special match as both Seminaries had not fought
between themselves for the last five years. The match provided us the feel of watching a thriller movie as both the teams fought vigorously. At the end LFS team won the match (89-81). We could keep ourselves calm no more, the vigor and excitement broke out like anything as the campus soon entered into a festive mood. We had here the admirable presence of Reverent Fathers and Brothers from Mangalapuzha. We received them with all hospitality for which the Fathers made a special note of thanks. Once again congratulations to our Heroes.......

## JUBILEE

"It's a time to rejoice and give Glory to God" as our 'Alma Mater' Little Flower Major Seminary reached another milestone of completing magnificent 60 years of her existence. Ever since her establishment in the year of 1960, through the vision and zeal of our Founder in collaboration with many other Fathers and Brothers, she has been at the service of Church and Humanity. Years of Formation in the Seminary is a holy time invested in discerning and aligning minds and hearts to the Heart of God and to be the men of love for God and His people. So far, she has homed hundreds of candidates for priesthood and all are zealous missionaries in all corners of the world.

On 12 March 2020, the beginning day of the Diamond Jubilee, we inaugurated the Jubilee Year with the lighting of the Jubilee Candle by Bp. Mathew Vaniyakizhakkel VC, Bishop Emeritus, Diocese of Satna. Subsequently we celebrated the Jubilee Holy Mass and commemorated all hands that toiled in the making of LFS to what it is today. Bishop also gave a relevant message reminding us of the importance of Jubilee Year. As part of the celebration we had a solemn launch.


## NEWS FROM MISSION IN AFRICA

## SAHIHI YA MUNGU (SIGNATURE OF GOD)

Dear Fathers and Brothers,
Greetings and prayers from the Mission in Africa!
With immense joy we would like to state that we all are happy and doing good in the vineyard of God in Africa by the providence and grace of God. We experience the presence of God amidst us.

## Little Flower Mission House Lihwena and Subira Parish

## Christmas and New Year celebration

We had a meaningful celebration of Christmas and New Year and we had 20 Baptisms. We celebrated Holy Mass in all our substations.

## Returned with new tongues

Fr. Joby joined Little Flower Mission House after his language course and pastoral experience. Since we are three members in the community both pastoral and social activities are going in its full swing.

## A boon to the dairy farmers

Little Flower Mission started milk collection unit, another initiative to help dairy farmers to get more income for their products. We collect the milk in two different centres and sell in the town and people get profit (Rs.10/litre) than in villages.

## A New Light

Little Flower Mission has started a candle making unit which has an intention of self helping programme for the youth in the future, with local moulds for Pascal candles and altar candles. We could market our candles to different Dioceses of Tanzania as it looked beautiful with different styles of stickers. Big thanks to Fr. Dony who helped us to get Paschal candle stickers from Kerala.

In the Storm of Corona
Though late, still Corona started to spread its shadow on our African land. Number of patients is increasing day by day. Due to corona we have suspended catechism for the children and all other gatherings for the people as per the instruction of Bishops Council and the Government. We have daily Holy Mass with faithful. We conduct a special benediction and chaplet of divine mercy every day after the Mass for the entire world.

## St. Gabriel Archangel Church Mbagala Kuu, Dar Es Salaam <br> Christmas and New Year Celebration

Infant Jesus brought us happiness and peace in our minds and families. We celebrated both Christmas and New Year gracefully. 40 children received Baptism.

## Holy Season

We had a meaningful celebration of the Lenten Season and began well the Easter Season. Through the Family Units we helped more than 80 poor families. Since the whole world is affected with Corona we had special prayers during this season especially during the Holy Mass. We were also having Way of the Cross on every day in the Lenten Season. Out of the few countries those who are blessed to celebrate public Holy Mass we were also one and we remembered all our fellow Priests and the whole Congregation in our daily Mass especially during the Holy Week. Because of Corona we were not having any grand celebration. But there were 8 adult baptisms and 25 infant baptisms and one marriage.

## Mission Expansion

Seeking for new areas of expanding the Mission Fr. Jose and Fr. John had gone to Kenya. They have visited 3 new Dioceses of Kenya and met the Bishops. Fr. Jose and Fr. Philip visited the Diocese of Iringa in Tanzania also to see the possibilities of getting a parish there. Bishop of Iringa has already invited us.

## Vacation

Frs. Philip and Febin had gone for home vacation and returned safely.

Dodoma

## Blooming Buds of Dodoma

The first venture in the field of education ministry in the cradle of Africa, under the Little Flower Mission Society of Mission in Africa, came to exist on 08/10/2019. Little Flower Pre \& Primary School Building was blessed by our Arch bishop, His grace Beatus Kinyaiya OFM Cap with the gracious presence of the delegation from the Congregation, Priests, Nuns and a huge Faithful. On 06/01/2020 the School started its academic year, having admitted 33 young buds in Baby class, LKG \& UKG. Registration of the school up to $7^{\text {th }}$ class (primary level), we obtained on 08/01/2020. From the month of March (16/03/2020) onwards all the educational institutions are closed due to Covid 19.

## Pastor and Flocks

Common programmes like Holy Communion, Confirmation, Marriage, Baptism, Seminars, Catechism and house visits and other crowd pulling activities are postponed to appropriate time because of the Covid 19 situation.

## We Care and God Cure

Holy Eucharist celebration is normally going on in our church within the direction from the Government and the Diocese. Faithful wash their hands before entering the Church and keep a distance while sitting in the benches.

## Dry Land to a Green Land

This year with the grace of God Dodoma the capital of Tanzania enjoyed sufficient rain comparing to its previous history rain.

## Fr. Babychan Retuned

After a long two and half years of zealous mission work in the feet of the Lord, Fr Babychan had taken his holidays after Christmas for two months and returned safe without the touch of corona virus. God is Gracious.

## Little Flower Mission Kaongo, Kenya

1. Bishop of Diocese of Meru visited our Parish and administered Sacrament of Confirmation for 172 candidates from our Parish.
2. Christmas and New Year were celebrated in all the Five Stations of the Parish with Special Holy Mass and Prayers.
3. The construction of the three additional rooms of the Priest House is going on.
4. Thanks to Fr. Jose Panikulangara, Mission Superior and Fr. John Kadaliyil for their visit to the Little Flower Mission in Kaongo, Kenya.
5. Because of covid-19 all the churches and schools remain closed from 15 March in Kenya. We celebrated Holy Week and Easter with only 5 participants in the Church. So far we are safe and no case of covid-19 is reported from our district, Meru.

Dear Fathers and Brothers we too join with you all in prayers so that Almighty God may extend His hands to the world for a healing touch.

## COVID 19 - LESSONS

Climate change and COVID-19 are two very different challenges, but they do have some key things in common. Both are global - they do not respect national boundaries and both require countries to work together to find solutions. The global community has shown that it can act to address a crisis, with governments, businesses and individuals taking measures and changing behaviours in response to the pandemic. When we work together, even small personal actions when put together, like physical distancing, can make a big difference, helping us to overcome huge challenges. We all have a role to play.

## ST. JOSEPH'S PROVINCE

## 

















## 








 ๓ைைセிロுమு.

## 







 ๑ெல๓รコธา.

## 











## 













## 



















## COVID 19 - LESSONS

## Protect the most vulnerable

In a crisis, we must protect the most vulnerable. The last few years have seen young people around the world raising their voices on an unprecedented scale, asking adults and leaders to protect them from climate change. Now, by staying inside and taking their climate marches online, young people are showing solidarity with the older members of society, who are more vulnerable to the virus, by helping to stop the spread. This kind of intergenerational solidarity is what solves crises. As the impact of climate change intensifies over time, it is the children and young people of today who will face its worst effects. Young people have been telling us that they are afraid of climate change with the same urgency as people now feel about COVID-19. This is a time for children and young people to talk with parents and grandparents, to discuss the kind of world we want to create when the pandemic has passed.

## ST. THOMAS PROVINCE

## 

 ๙ைாைาఱ。












## வ®®ె리







 Qloృm

## 











## の』றつのロற๐
















## 』ృฺேைรั


 ถைาองஸ゙．

## 













## 










## ตைロコロロツ๐



















## 










## 











 ঞ®ிறேேேดั ロSঞßา.

## 






## 







## 








## வロிகฯロఱாை


 ตlயmை வృమ




## 

## 














 ๙๐












## 














## wJomo






















## 











## 







## 











## 






## 











## 







## 












 உவகாறூコカூஸே．＂







 ๙ேைைs セmojmb．

## COVID 19 －LESSONS

Keep learning for a better tomorrow．Due to COVID－19， around 1.6 billion children are being deprived of their education．This risk creates a generation less equipped to take action on or deal with the impacts of the pandemic crisis．Children and Families are trying their best to keep learning．All children should be equipped with the resources including remote learning and technology to continue their education even if they are not physically at School．A good education is one of the most valuable tools we have to fight climate change and pandemic crisis because it provides children and young people with the skills and knowledge they need to create a better tomorrow．We can help them use this time at home to build their strengths，their creativity， and their desire to confront any challenge．

To children and young people everywhere：Keep learning and keep raising your voices！

## KHRIST JYOTHI PROVINCE

## THE BELLS ARE RINGING

In the coldest days of the year Lord Jesus comes to visit his beloved. This year's Christmas celebration was conducted on 9 and 10 for the Fathers and 13 and 14 for Sisters in the month of December respectively in Provincial House. Mar Jose Puthenveettil, the Auxilatry Bishop of Faridabad Diocese joined with us for the Christmas celebration and he was the main celebrant of the Holy Mass. It was a two day programme filled with prayers, games and joy of the Savior who always wish to be in the midst of his creation. The birth of Jesus is the gift of Lord to the mankind. In the remembrance of the same, exchange of the Christmas gifts took place. Thus the joy of everyone is shared between all around from the close to the far ends of the infinity.

## THE CALL TO BE

The call of our Lord to be with him and to lead his flock to the path of the eternal beauty was newly entrusted to Dn. Deepak Thoomkuzhy CST on 28 December 2019 by the anointing hands of his Excellency Mar Jacob Thoomkuzhy at St.Xaviers Church, Vilakkumadom, Dn. Melbin Thekkamanil CST on 29 December 2019 by Excellency Mar Raphel Thattil at Ss Peter \& Paul's Church Kuruppampady and Dn. Akhil Thattaparambil CST received the anointing from the hands of his excellency Mar Joseph Pamplany at Fathima Matha Church Kudiyanmala. The Khristu Jyoti Family welcomes and congratulates the new Priests. Be a priest into His heart.

## HOME COMING

To spend their Christmas vacation the Theologians came to Provincial House on 22 December 2019 and stayed till 3 January 2020. Some of them went to mission stations and others were in Provincial House. This vacation was special for
all the Theologians. And the celebration of Christmas added more joy to their vacation here. All the brothers had enjoyed their stay here during their vacation and was rejuvenated.

## IN MEMORY OF

Love and compassion to the poor are always close to the hearts of everyone. The ill persons are those who always need the helping hands of others. The Bikaner Boys School has once again shown its compassion to the diseased and the poor. In memory of the Golden Jubilee celebration of the Bikaner Boy's School on 02 February, a memorial TB ward was inaugurated in PBM Hospital at Bikaner.

## IN THE FULLNESS OF JUBILEE

The Bikaner Boy's School celebrated its Golden Jubilee on 04 February 2020. The chief guests most Rev. Mar Oswald J. Lewis Bishop of Jaipur and Rev. Fr. George Alukka CST the Provincial Superior of Khrist Jyoti Province blessed the function with their prayerful presence. Fathers from Kerala, Punjab and Rajasthan were also made their presence in the celebration. The invited ministers and other political leaders blessed the function with their presence. The jubilee celebration touched the milestones of the growth of the institution. It was a time of joy and happiness that filled the minds of everyone who gathered for the function especially in the minds of the alumni members and the former staff and authorities whose dreams are fulfilling through the School.

## NEW PRIEST'S DAY

The new priest's day was celebrated at Provincial House on 06 February. The Fathers and Sisters from far and near mission stations actively participated in the Holy Eucharistic celebration and the newly ordained Priests were welcomed in to the priestly koinonia with joy and happiness. The heart of every one was rejoicing in the divine love and care of the Lord Almighty for his people.

## RELIGIOUS LIFE

A seminar on religious life was conducted at our provincial house for fathers and sisters. On 06 Feb. It was conducted for Fathers and on 08 Feb. It was conducted for the sisters. The seminar was guided by Fr. Jacob Naluparayil MCBS. The seminar was an enriching and refreshing experience for all. The unknown realms of the Religious Life were opened through this seminar. The seminar mainly touched the unexplored arenas of the Religious Life awaited to be opened by someone. It also emphasized on the relevance of the Religious life in this most modern era in the human history and inconsistent world.

## INTO A PICNIC MOOD

The Fathers from the Khrist Jyoti Province had their picnic to Sikkim and Darjeeling the north eastern parts of India. Altogether about 38 Fathers from Punjab, Rajasthan, Kerala and Africa joined the picnic. It was from 16 to 22 February 2020. The visit to the north eastern part of India like Gangkok, Darjeeling and so on helped the Fathers to get introduced to the new world of cultural integration and to the new horizon of outlook towards the other parts of our country. The journey to the new dimensions have also imparted the knowledge of the life of the common people and the diversity of our nation. The trip really helped everyone to freshen up their minds and thoughts.

## VISIT OF A MISSIONARY

Fr. Babychan Tholanickal CST has spent some days in Punjab and Rajasthan mission during his vacation time. His presence was a joy to the KJ Family. He shared his experiences with the upcoming buds of the Province and enriched the culture and the African style of living. He also emphasized the scarcity of the Priests.

## CONFERENCE CUM TRAINING

A comprehensive seminar for Fathers on the accounting procedure was organized by the department of finance of the

Khrist Jyoti Province in consultation with Christian Institute of Management (CIM), Chennai from 09 to 11 of March 2020 at the Missiological Centre Hanumangarh. It was a conference cum training programme on Accounting, Society Act, and land documents. The seminar helped Fathers to know new ways in Accounting and Finance. The seminar was informative and really useful.

## THE MEADOWS OF FUTURE

After a long journey from Aluva to Hanumangarh which started on 14 evening the Philosophers of our Province from Little Flower Seminary, Aluva reached here in the Provincial House on March 17 early morning in order to spend their holidays in mission. Thirteen brothers of our Province with missionary zeal and enthusiasm reached here for knowing more about and to be part of the mission during the time of vacation. Five Theologians who are studying at Delhi Vidya Jyoti College also joined them on 20 onwards. Fr. Provincial and Fathers welcomed them here in the Provincial House.

## CANONICAL VISITATIONS

Fr. George Alukka the Provincial Superior of the Khrist Jyoti Province had officially visited various mission stations of Punjab and Rajasthan during the month of January, February, and March as part of canonical visitation. He has gone through the various activities and the undertakings of various stations and the concerns of the respective places. He shared his view and notions for the further growth of the community.

## NEW APPOINTMENTS

$\varnothing$ Fr.Jobins Puthiyamangalath CST- Parish Priest of St. Paul's Catholic Church and Manager of St. Paul's School at Jaisalmer
$\varnothing$ Fr. Joseph Padinjarekuttu CST- Member of the Khrist Jyoti Mission Bhavan, Mudickal.
$\varnothing$ Fr. Melbin Thekkemalil CST-Asst. Priest in Charge, Asst. Manager of Little Flower Convent School, Ashram Procurator and the In Charge of Xavier Printing Press, Sri Muktsar Sahib.

Ø Fr.Alwin Padinjarekuttu CST- Higher studies and Member of Khrist Jyoti Mission Bhavan, Mudickal
$\varnothing$ Fr. Siril Pothen CST- Parish Priest of St Mary's Church, the Procurator of St. Mary's Ashram and the Asst. Manager and the Bursar of St. Mary's Convent School, Sikar.
$\varnothing$ Fr. Deepak Thoomkuzhy CST- The Secretary to Provincial Superior of Khrist Jyoti Province and as the House Procurator of Jyoti Niwas at Hanumangarh.
$\varnothing$ Fr. Jobin Moolan CST - The Priest In charge at Ratangarh Station.
$\varnothing$ Fr. Akhil Thattaparambil CST - Asst. Priest in Charge, Asst. Manager of Little Flower School and the House Procurator of Little Flower station at Jhunjhunu.
$\varnothing$ Fr. Tibin Mannusseril CST - Asst. Priest In charge and Asst. Manager of Sacred Heart Convent School, Suratgarh.
$\varnothing$ Fr. Shibin Kocheelath CST - The Asst. Priest In-charge, and House Procurator of Little Flower Station, Sikhwala and Asst. Manager and Bursar of Alphonsa Convent School, Sikhwala.
$\varnothing$ Fr. Jidhin Kurisinkal CST - Parish Priest of St Joseph Catholic Church, Abohar.
$\varnothing$ Fr.Rijo Menacherry CST - The Manager of the Holy Cross Sr. Sec. School, Director of Basil Dairy Farm, land In charge, member and Procurator of the Ashram at Danewala.
$\varnothing$ Fr. Bibin Narippara CST - Priest In charge at Sadiq Station.

## LITTLE FLOWER PROVINCE

## GORAKHPUR SAMACHAR

## Ordination

This year the Little Flower Province is blessed with a new Priest Fr. Binu Kottamurickal. He was ordained in his home Parish St. Mary's Mount Church, Mannar on 04 January 2020 by His Excellency Mar Thomas Thuruthimattam CST. Fr. Provincial and many Fathers of our Province and Congregation participated in the sacred ceremony. All the best dear Fr. Binu in your Priestly Ministry.

## New Priest Day

Fr. Binu Kottamurickal who was ordained on 04 January 2020 celebrated his First Holy Mass in the Provincial House at Chargawan, at 05.30 pm on 15 February 2020. Many of the Fathers, Brothers and Sisters working in the Diocese and our missions in India and Nepal participated in the celebration. Fr. Binu is appointed in the Novitiate House, Abohar as the Assistant Novice Master.

## Recollection \& Tour

It was a very refreshing and awesome days for our Regents Brothers Tinto, Bibin, Shins, and Joseph to be in our Ashram in Narayangarh, Nepal, during their Recollection at the same place. Very Rev. Fr Silas Bogati, the Chancellor of Apostolic Vicariate of Nepal led the thought provoking Recollection and fruitful Confession on 21 February 2020. After the recollection, they had a picnic to Kathmandu, the Capital City of Nepal, visiting tourist spots and famous world heritage centers.

## Remembering Rev. Fr Theophane Kilianthara CST.........

We commemorated the fourth death anniversary of Fr. Theophane Kilianthara CST, the first Priest of the Little Flower Congregation on 21 March 2020 at Little Flower Provincial

House Gorakhpur. Since the Lockdown had already started we had Mass in all the Ashrams and Fr. Provincial celebrated Mass with Bishop Thomas and said the Office for the Dead at his tomb.

## Send off to Regent

Since the Regents were supposed to travel to Kerala on 24 March we had arranged a send off program to our Regent Bro. Tinto Thannivelil in our Provincial House as well as in the School on 21 March 2020. Thank you dear Brother for your selfless service you have rendered for the provincial house community and the School.

## Major Seminarians from Aluva

We are happy to welcome our dear brothers from Little Flower Major Seminary Aluva, who are pursuing their First and Second Year Philosophy studies. They are here for their mission experience where they are going to work in future. We hope that they would make use of their time well and learn the culture and the activities of the missions. Let these days be inspiring for them.

## Impact of Covid-19

The unexpected spread of the Pandemic Covid 19 and the Lockdown situation has changed the life situation in the Provincial House too. There are 5 Fathers, 5 Brothers, 6 Teachers and 5 workers inside the campus. We are exploring our time in Prayer, cooking, household works, games and personal reading and reflection. Since the whole world is experiencing the same we wish all the members of our Congregation good health. Let us remember each other in our prayers.


## AMAZON SYNOD AND THE POST SYNODAL APOSTOLIC EXHORTATION

Saji Mathew Kanayankal CST

Amazonia, the geographical area around the river Amazon is known as the 'biological heart' of the world or the 'lungs of the world'. It is also known as the 'shock absorber' at this age of climate change. Even though it stands before the world with 'all its splendour, its drama and its mystery' (QA, 1), the entire area is facing a very serious crisis now and it is regarded as the second most vulnerable area in the world. It is in in this context, that the special synod for the Pan-Amazon region, met at Rome between 06-27 October 2019 at the request of Pope Francis, got the attention of the global community. The method, process and outcome of the Synod are thought provoking and vibrant.
Over 87,000 people, including bishops and pastors, men and women missionaries, and the representatives of the indigenous people of Amazonia actively participated in the Synod. According to its participants, the Synod was held in an atmosphere of 'open, free and respectful exchange' that shows new pathways for the Church in the region' and 'a new experience of listening to discern the voice of the Spirit that leads the Church to new ways of presence, evangelization and intercultural dialogue in the Amazon'(FDSA,4). The Synod underlined the significance of the multi-ethnic and multi-cultural reality as well as the rich cultural heritage and ecological diversity of this region and addressed the deep crisis it faces now. After the synod, the final document was published.Few months later, Pope Francis published the post synodal Apostolic Exhortation, Querida Amazonia (Beloved Amazon) on 02 February 2020. While the Synod invites towards a new path for an integral ecology, in Querida Amazonia, Pope Francis shares his dreams for a new way of life. As the Pope says, the Exhortation is neither a replacement nor an addition to the synodal document, rather it is only a 'response' to the document with his dreams that 'everything that the Church has to offer must become incarnate
in a distinctive way in each part of the world'(QA, 6). Eventhough the Exhortation has its relevance in its specific way, the Pope insists the faithful to read the synodal document in order to understand the realities at Amazonia.

## Plea for the Poor

The Social Dreams (QA, 8-27) of Pope Francis is a 'prophetic plea' and an 'arduous effort on behalf of the poor'. Echoing the spirit of Laudato Si, he says that a true ecological approach should always be a social approach and invites us to listen the cry of the people of Amazonia for justice. Through the exploitation of the industries the people in this region are in a tragic situation and the protection of the forest and rivers thus becomes an obligatory Christian response. It is indeed for our benefit as well as for the good of the future generation. The local people, who are weak, both politically and economically, needs the special care and concern of the international community and the rights of the 'original people' are to be respected at any cost. He also calls our attention to the numerous atrocities committed against local people systematically by the multinational corporates with the help of the politicians. The crimes and injustice against the local people deepen our responsibility to build networks of solidarity and development, that promotes fraternal relations within a framework of acknowledgment and esteem for the different cultures and ecosystems (QA, 22). We have to learn many values from the indigenous people of Amazon. Instead of marginalisation and exploitation, they should be considered as 'dialogue partners', in our future system of developmental projects (QA, 27).

## A Cultural Transformation

In the synodal document, two terms get our special attention. While the 'pastoral conversion', invites for 'navigating the rivers and lakes among the people' and "accompanying people with the real faces of indigenous people, peasants, afro-descendants and migrants, young people, city dwellers" (FDSA, 20), the cultural conversion focuses on the acceptance of the cultural
values of the Amazonian people(FDSA, 41).In his 'cultural dream' Pope Francis brings our attention on the 'inner fragmentation,' of the people in Amazon due to the alienation from their own culture, traditions and values. In fact, it was their unique culture that encouraged and helped them to live in their own way, gave them a sense of dignity and identity.The Exhortation brings our attention to see and understand as well as respect the differences between varieties of people, their way of life and interactions."In each land and its features, God manifests himself and reflects something of his inexhaustible beauty" (QA, 32). Therefore, it is our duty and responsibility to have 'interest and concern for the cultural values of the indigenous groups' (QA, 37). Their riches are our common patrimony! For Pope Francis, true and authentic education is "to cultivate without uprooting, to foster growth without weakening identity, to be supportive without being invasive" (QA, 28).

## Ecological Conversion

The idea of ecological conversion in the synod is developed on the basis of the 'integral ecology', envisaged by Pope Francis in his encyclical, Laudato Si. It has its foundation on the idea of interconnectedness of every existing reality (LS, 137). The Church has been and is next to the indigenous communities to safeguard the right to have their own tranquil life, respecting the values of their traditions, customs, and cultures, the preservation of the rivers and forests, which are sacred areas, source of life and wisdom (FDSA, 80). In his 'ecological dream' Pope Francis relates our ecological commitment with clear Christological insights; "The Lord, who is the first to care for us, teaches us to care for our brothers and sisters and the environment which he daily gives us. This is the first ecology that we need" (QA, 41). According to him, human ecology always demands social ecology and the care of people and care of ecosystem are inseparable.We should learn to respect the wisdom of ancient people of Amazonia. Abusing nature is abusing our ancestors, fellow brothers and sisters, creation and God the creator (QA, 42). Quoting a lot of poems concerning
the Amazon region, Pope explains the mystical and spiritual richness as well as the beauty, intensity and splendour of the of the rivers, forest, trees, mountains, hilltops,valleys, etc., in the Apostolic Exhortation. Moreover, he also warns that "the interest of a few powerful industries should not be considered more important than the good of the Amazon region and of humanity as a whole" (QA, 48).
The idea of 'integral conversion', the most important stream of thought in Laudato Si, resonates in Querida Amazonia as well. It entreats all of us to develop certain new habits. In this process the Church can play its specific role. In a more comprehensive way, it is related with our responsibility to proclaim the gospel. However, this proclamation is not to be taken through mere institutional proselytization, rather it is to be done through our life. If not proclaimed properly the gospel, every ecclesial structure will become another NGO (QA, 66). Here he also speaks about a greater scope for the inculturation, by listening and entering into dialogue with people, without rejecting whatever things are good in Amazonian culture, opening to it and respecting it. A dynamic Church, like a growing tree, undergoes the process of reception and transformation by opening ourselves honestly to the novelty of Spirit (QA, 68-70). It should be a sincere opening to the 'sacred meaning of religious festivals, its social and cultural impacts, purification and maturation' (QA, 79).

In short, the Amazon Synod and the post synodal Exhortation invite us to be the part of a more vibrant Church. The Church, as a pilgrim community should always be open to the realities and should understand 'the signs of the time' and respond to it authentically and creatively. Amazon Synod was such a dynamic movement initiated by Pope Francis. Though the context of the reflections of the Synod is the background of the present Amazon region, its findings are applicable for the global Church, especially to the Church in India, for we also share many of the problems of the Church in Amazonia. What we need is the simple spirit of openness to the Holy Spirit; as Pope Francis
underlines; "if we believe that the Holy Spirit can work amid differences, then we will try to let ourselves be enriched by that insight, while embracing it from the core of our own convictions and our own identity" (QA, 106).

## Abbreviations:

FDSA- Final Document of the Synod on the Amazon
LS- Laudato Si
QA- Querida Amazonia

## FOR THE PROJECT: HISTORY OF LITTLE FLOWER CONGREGATION

Please send the details to Fr. Augustine Pamplany (Email: apamplany@gmail.com) for incorporation in the Book on History of Little Flower Congregation

1. If you have worked in the Diocesan Institutions / Parishes or other Congregations or Organizations other than the CST Ashrams and Institutions- Kindly give the Place, Institution, Years of Service, Your Designation.
2. Your Academic Qualifications if you have completed Doctorate or Equivalent Studies in any Discipline. Please give the name of the University, the Degree awarded, Title of the Doctoral Thesis and the Year of Completion.
3. If you have published Books and important Articles in major Publications on any topic.
4. About the CDs / Cassettes, Albums etc published and matters published through social media like TV Channels, YouTube etc.
5. If you have received any Awards for excellence in works / services.

Kindly consider this as a Reminder to the Circular No:
09 Dated 02 March 2020


Fr. Francis Kilivallickal CST

## Superior General

## 

































































 வேயி






## ลยากั

















 கンஸிఱேைை พロய๐.

















 உமின்ดைைைகோைேேை๐.

##  <br> 











## 













## 







## 




2．ேேைை







4．ภคูวตา



5．ตேวกาఱ


## 6．வி円ை





## 7．พவกาఱ




## 











## 1．ஜணை円ி』囚ீ

 （毋ாைை 2：2）
2. ఆฺకીకఱて

வியฺารั ஷ円ைைఱவชิ

## 3. ตากฯร๓วชิ



## 




## 5. ๗ฺையากกช













## 































## COVID 19 - MONEY LESSONS

1. Never take a loan you cannot afford to repay
2. Always have in place an adequate emergency fund
3. Do not rely only on your employer-provided health insurance plan
4. Prepare your Will and timely complete your nomination formalities
5. Diversify your investment portfolio to mitigate risks
6. Learn self reliance and use local resources as much as possible, promote agriculture and ecology.

## (ญை கேบロியั
































 ฺேงமியைை
3.























 कாைา













నం12































 வேஸை


## 



 வழிகぐ；＂－காண்வழிகひス

## 





























## ถยาก





































































## ๑อกก





















## 


















 வழிறsாைைைை゙.













## 





















 ஆ) $\mathbf{~}$




































# Days to Remember <br> 2020 May 2020 July 

May 05 - D.A. of Fr. Norbert Vandalathukari CST

May 10 - D.A. of Fr. Jacob Edakkalathur CST
May 21 - D.A. of Fr. Albert Vettukallumpurath CST
June 03 - D.A. of Fr. Varghese Koikkara CST

June $24-$ D.A. of Fr. Augustine Thekkel CST
June 29 - D.A. of Fr. Emmanuel Arackathottam CST

July 03 - St. Thomas Day
July 09 - D.A. of Fr. Damien Kondoor CST

##  






 கிヵ๑๐○




























 வ®ృమృ．


 வாிしくカிカカコロ．

## 

（ロியவృலலவคை，

 ๓ฺாைைั๐．

## 



3．வコセிேேกักั พฉัவใกั


























## 










 க0M1゙m.




 ๓ைை๓า.














 Stay safe, Save life"

## COVID 19 - LESSONS

Emerging pandemics show that humans are not infallible and communities need to be prepared. Restrictive measures like social distancing, lockdown, case detection, isolation, contact tracing, and quarantine of exposed had revealed the most efficient actions to control the disease spreading.

$$
\begin{aligned}
& \text { Olive உேே๐̆ உชฺ }
\end{aligned}
$$

$$
\begin{aligned}
& \text { olivecstfathers@gmail.com 』mm E-mail-œ }
\end{aligned}
$$

## SUPPORT TO THE NEEDIEST IN THE COVID-19 CRISIS

## LITTLE FLOWER PROVINCE

Covid 19 and consequent Lock-down affected the poor people the most. The daily workers, particularly the migrant workers who returned to their villages and the roadside petty shopkeepers and pedlars were hit very harshly under the lock-down. Little Flower Mission with its Team of Volunteers decided to reach out to the most affected families with food materials as temporary relief.

## CASH CONTRIBUTIONS:

On April 9, 2020 Little Flower Mission contributed Rs. 7,00,000/ - to the Prime Minister Cares Fund, and on April 16, 2020 contributed Rs. 5,00,000/- to Uttar Pradesh Chief Minister's Distress Relief Fund through District Magistrate of Gorakhpur.

## DISTRIBUTION OF FOOD KITS:

1) 200 Packets to 200 Families (comprising 5 kg rice, 5 kg wheat flour, 4 kg soabean, salt, oil, masala each) in Ikauna block of Sharavasti District of U.P on 15/4/2020.
2) 60 Packets to 60 Families (comprising 3 kg rice. 3 kg wheat flour, Dal and soabean $1 / 2 \mathrm{~kg}$ each, masala and soaps 2 ps each) in Mithaura block of Maharajganj Distric, U.P on 15/ 04/2020.
3) 50 packets to 50 Families (comprising 5 kg rice. 5 kg wheat flour, 2 kg soabean, salt, oil, masala each) in Kalyan Badarasa, Ayodhya District, U.P on 16/04/2020.
4) 150 Packets to 150 Families (comprising 10 kg rice, 5 kg wheat flour, 4 kg soabean, masala, oil, salt each) in Mithaval Block, Basti District, U.P on 17/04/2020.
5) 100 packets to 100 Families (comprising 10 kg rice, 5 kg wheat flour, 2 kg dal, salt) in Chargawan area of Gorakhpur District, U.P on 17/04/2020.
6) Contribution to Community Kitchen of Gorakhpur District comprising 2200 kg rice, 500 kg wheat flour, 200 kg dal, 100 packets salt on 17/04/2020.

## PROGRAMME PLANNED IN THE NEXT WEEK:

Food kit distribution to poor through the District Administrations

1) Raxaul, west Champaran, Bihar - 150
Packets for 150 Families
2) Salempur, Deoria, U.P - 200
Packets for 200 Families
3) Kalwari, Basti, U.P - 100
Packets for 100 Families
4) Mithaura, Maharajganj, U.P. - 100
Packets for 100 Families

## AWARENESS PROGRAMMES:

In collaboration with the District Administration in Basti, Uttar Pradesh through the District Disaster Management Authority, Awareness Programmes are conducted in the Villages on the Corona Virus Disease. Mike Announcements, distribution of literature, posters, masks, sanitizers etc and Counselling are given. On the first day, the District Magistrate flagged of the Awareness Vehicle in Basti and the programme is going on every day.

A Short Film was prepared by the Staff of Little Flower School, Salempur (Deoria District) and circulated through Social Media as part of Awareness Programme. Other relevant information, video clips etc also are uploaded in the Social Media.


PHOTO GALLERY:


Cheque of Rs. 5,00,000/- to Uttar Pradesh Chief Minister's Distress Relief Fund is handed over to District Magistrate of Gorakhpur by Fr. Lona Kallely.


The District Magistrate Flagged Off the Awareness Vehicle in Basti


Volunteers load the Food Kits for Distribution to the Families


Awareness Literature distributed in Villages

## LITTLE FLOWER GENERALATE, THRIKKAKARA

Little Flower Generalate contributed Rs. 50,000/- to Kerala Chief Minister's Distress Relief Fund, through KCMS - CRI Kerala Unit.

## COVID 19 - SPIRITUAL LESSONS

The Gospel - Matthew 6:5-7 reminds us : "And when you pray you should not be like the hypocrites, who love standing in the synagogues and at the corners of the streets to pray so that they may be seen by people... But you, when you pray, enter in to your room, and having shut the door, pray to your Father, who sees in secret, will repay you. And when praying do not choose many words as the pagans do. For they think that by their excess of words they might be heeded".

Covid 19 taught us to be secluded from the large community gatherings, big religious festivals and solemn celebrations in the name of prayer and spiritual life.

## COVID 19 - LESSONS

Unite behind the Science. We can all play a part in spreading accurate facts and Science, countering the misinformation that puts lives at risk. Both climate change and the COVID-19 pandemic require us to listen to experts, to unite behind the Science and not play Politics with people's lives. This means responding to the challenge at the appropriate scale and treating a crisis like a crisis with the urgency that's needed.

## KHRIST JYOTHI PROVINCE

## TO FEEL WITH THE PEOPLE AT THE TIME OF PANDEMIC

As the whole world and our country is undergoing a panic situation because of the corona epidemic and lockdown our life situation also has changed a lot. We are exploring our time mostly in prayer, works and other house hold activities. Our Ashrams are given one each day for fasting and prayer and all are participating in this chain of prayer. Many of our Ashrams and Institutions are doing lot of charitable works to the needy around us. Immaculate mission hospital at Muktsar, Punjab is converted into the general hospital since the general hospital is converted into the corona isolation wards. The management of Little Flower Convent School at Muktsar with the help of the Sisters and other workers in the campus made lot of masks and gave to the Government officials for distributing it to the needy. Milk packets, vitamin tablets, and food packets are distributed to the poor by the youth of the parishes under the guidance of the Parish Priests with the help of CRI and other charitable associations. Many of our schools are ready to be converted into the isolation ward for Covid patients if any emergency comes.

Since the students of our schools are not able to participate in the classes, the school managements are arranging online classes for the students to attend them at home. Some Parish Priests are conducting different kinds of competitions and entertainment programs for the Parishioners like Bible quiz, painting, drawing, cartoon, poem writing, song composition, story writing, article writing, funny and thought provoking video making, Bible writing etc. through on-line. Jyoti Media, the media platform of our Province is bringing out some videos with inspiring thoughts and conducting entertainment programs like lock down super singer in which more than 300 people participated from different parts of the world. Since we are away from each other let us be united in prayers and be safe at home.


Fr Kumpuckal presents masks to police officer Mr. Sandhu IPS
Catholics in a Punjab city have taken the lead to help the poor and needy during the nationwide lockdown under the leadership of Fr. Mathew Kumpuckal.
On April 17, the top police officer of Muktsar district launched a Church project to distribute 10,000 milk packets and vitamin tablets to people in their neighborhood

S Raj Bachan Singh Sandhu, the district's Senior Superintendent of Police who opened the program in front of the Catholic Church in the city, commended local Christians for reaching out the poor by following government norms for the lockdown.

The police chief stressed the need of alertness and awareness of the terrific sickness the coronavirus causes to people. "All should follow strictly the guidelines of the government," he said and highlighted the need of unity, cooperation, and hard work from all sections of society to eradicate the pandemic. The task "is highly demanding and challenging," he added.
The milk packets are prepared and distributed by the Little Flower Christian community, Little Flower School and Little Flower Charitable Society in Muktsar, all managed by the Congregation of St Theresa of Lisieux, a Kerala-based Religious Congregation for men.

Muktsar, or Sri Muktsar Sahib, is some 285 km southwest of Chandigarh the state capital.

On the occasion, Father Mathew Kumpuckal, manager the school and in charge of Muktsar's Catholic community, said some 20 volunteers will door deliver the packets at least seven days. "We will review the situation after that," the 66-year-old priest told Matters India on April 17.

Father Kumpuckal, who was earlier the superior general of the congregation, said they follow a list of needy people prepared by the municipal officials. "We supply one part of the city where more poor people are living," he added.
The Priest also handed over 1,000 clinical masks to Sandhu for the use of police personnel. He said the masks were "a token" of the Christian community's concern and appreciation for the dedicated service of the police during "the difficult time of coronavirus pandemic."
Father Kumpuckal commended the Punjab government for "doing its best to combat the present situation" and for succeeding "to a great extend" to stop the spread of the virus in the northern Indian state.

He said the Christians in Muktsar began to reach out to people as soon as the lockdown was announced from March 25. "We have been collaborating with the district administration, Red Cross Society and the police department," Father Kumpuckal said.
"From the beginning, our students, parents and neighbors were instructed through our school staff, teachers and communication medias to follow strictly the government rules and guidelines," he explained..
Helped by the district health department and the Red Cross Society, the Catholic parish started making clinical masks for people and NGOs.

The joint efforts of priests, nuns and Catholic youth managed to supply 3500 clinical masks for Red Cross Society, health department and police personnel.
They also started distributing kits comprising wheat powder and grocery items to the needy. "Almost 100 families are helped in this way. We also provided medical help to those in need," Father Kumpuckal said.
At the request of the district administration, the priests handed over their Immaculate Mission Hospital. This was done to help the health department to shift to the Church institution the medical department of the local Civil Hospital that was being prepared as a center for coronavirus test and treatment, said Father Sandeep, the hospital director.
The local community of the Daughters of Mary also helps the priests in the humanitarian works, Father Kumpuckal said.


Sisters \& Team at Muktsar preparing Masks for free distribution

## COVID 19 - LESSONS

The foremost lesson is how to better prepare for the next pandemic. Covid-19 has revealed the need to devote resources for future epidemic prevention, and create costbenefit models to evaluate the timing and various types of shutdowns to save lives without excessive economic disruption.

## 6ลกำกั

Distribution of food Kits at Jhunjhunu, Rajasthan by CST Fathers


#   

## 

$\star$

 5ไ2 10 万n：
 ส


 ケிตற













 ลாைฺโ





 கிய mOSOMlロळை



an．．afleaty gisevocl
























 ตlaisime











 ลก० gexamimino enuinio mam



 ஸึ．ตைை



https：／／youtu．be／joAIzwhO


 （1By




## OBITUARY ON MR. THOMAS PLATHARA



Mr. Thomas Plathara was born on 02 November 1959. He belonged to Nitya Sahaya Matha Parish Church at Ezhukumvayal, in the Diocese of Idukki. After his school studies in June 1976 he joined Little Flower Minor Seminary, Mookkannur as a Candidate, completed his Novitiate at Little Flower Novitiate House, Puthencruz and made his First Profession on 17 May 1978. He was expected to go for his Pre University Studies at Christ College, residing at Vidya Bhavan, Bengaluru, but had to leave Little Flower Congregation, due to ill-health.
In 1979 Mr. Thomas started serving at Little Flower Printing Press, Thrikkakara and after one year he began his services as Office Assistant and Receptionist at Little Flower Generalate. He married Ms. Geetha from St. Jacob Parish Church of Bethel, in the Diocese of Idukki on 07 February 1994. The Family is blessed with two sons - Tom and Titu. Tom has completed B. Com and is looking for an opportunity for Higher Studies in Manchester, UK. Titu is doing CMA Second Year in Ernakulam.
Till the complete Lockdown on 24 March 2020 Mr. Thomas was rendering various services at Little Flower Generalate and the people of Thrikkakara. He became sickly and went for eternal reward on 04 May 2020 at 06.30 am. Little Flower Congregation is indebted to Mr. Thomas Plathara for his long tenure of committed service. We express our sincere condolences to Ms. Geetha, Tom amd Titu and all the relatives.
May his soul rest in peace.


Fr. Francis Kilivallickal CST
Superior General


[^0]:    The Cover Design of this issue of OLIVE April - May 2020 has been prepared by Fr. Shinto Edassery CST

